

ATTETUR MED MYLNE  
Norwegian Couple Dance

The melody used for this recording comes from Boerura, just outside Oslo. In the late 1800's Daniel Hoegstad collected another good melody in the Lofsten islands of north Norway.

Translation: Figure dance for eight with star

Music: 3/4 count 1, &, 2, &, 3, &

Tempo: ♩ = 160 Once through dance = 65 sec.

Source: Bondenngdomslaget Ervingen, Bergen; Klara Semb: Norske Folkedansar, bind II, Rettleiing om dansar, Noregs, Boklag, Oslo, 1956.

Formation: 4, 5, or 6 cpls in a ring, hands joined.

Record: Harmoni TD-1 "Attetur med mylne."

Introduction: 4 meas

Attetur step onto L ft:

Step onto L ft and bend L knee (ct 1). Straighten L knee.  
Begin to bring R ft fwd (ct 2). Bend L knee (ct 3).  
Straighten L knee. R ft is now extended fwd (ct &).

Meas

Figure

I. RING

1-7 7 Attetur steps (see note) in ring CW, beginning by stepping onto L ft.

6 Pivot 1/2 turn CW on ball of R ft.

9-16 8 Attetur steps in ring CCW.

II. STAR

1 Ftwrk is one Attetur step, stepping onto L ft. W form a R hd star, M join on in peasant pos, his L hd placed low on L hip, fingers fwd. Hd hold at ctr of star: each W grasps thumb of W behind her with little and ring fingers while pointing own thumb fwd to W ahead.

2-8 Continue star with 7 more Attetur steps.

9 Cpls wheel and M form L hd star with same hd grip. W, still in peasant pos, grasp hold skirt with R hd. Continue Attetur step stepping onto L ft.

10-16 Continue star and Attetur steps.

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 ATTETUR MED MYLNE (continued)

III. GRAND RIGHT AND LEFT

- 1 Slip from peasant pos, face ptr. Take R hd in R, begin Grand R & L, M progressing CCW. Attetur step with L ft.
- 2 Take next person's L hd in L and step onto R ft with Attetur step.
- 3-8 Continue Grand R & L with Attetur step.
- 9 Take R hd in R with this person (ptr if only 4 cpls dance) and turn 1/2 turn CW with Attetur step. M L hd low on L hip, W L hd holds skirt out.
- 10-16 Continue Grand R & L, M now progress CW. In meas 16 do not take hds with ptr, but stop and face ptr.

IV. GREETING AND WALTZ

- 1 W set L toe just behind R heel, bow head, hold skirt with both hds and sink down until L knee touches floor. Keep back vertical. M cross arms over chest and bow somewhat as W sinks.
- 2 W rises to standing pos and raises head. M straightens up.
- 3-14 Take shoulder waist pos and waltz beginning with M R, W L. Cpls slowly progress CCW along ring.
- 15-16 M place W to his R in ring, inside hds joined. M L hd low on hip, W R hd holding skirt. They greet each other with a slight bow and curtsy.

Presented by Bruce Taylor